

**June 2019**

<b>Monday</b>		<b>Tuesday</b>		<b>Wednesday</b>		<b>Thursday</b>		<b>Friday</b>	
3	Ginger Beef Rice and Vegetable Medley  Vegetarian: Grilled Tofu and Soba Noodles Fresh Fruit	4	Chicken Skewers Tabbouleh Salad  Vegetarian: Vegetarian Tart Fresh Fruit	5	Warm Montreal Smoked Beef, Pretzel Bun Roasted Potato Salad  Vegetarian: Grilled Vegetables, Pretzel Bun Fresh Fruit	6	BBQ Ribs Crisp Romaine, Fresh Corn  Vegetarian: Frittata Fresh Fruit	7	Lamb Brochette Couscous Pita Bread Vegetarian: Samosas From the Bakery
10	Vegetable Bisque Turkey & cheese on a bun  Vegetarian: Humus, Roasted Vegetable on a Bun	11	Italian Quiche Orzo Salad  Vegetarian: Vegetarian Quiche Fresh Fruit	12	Warm Chicken Wrap Spanish Salad  Vegetarian: Black Bean Wrap Fresh Fruit	13	BBQ Ribs Crisp Romaine, Fresh Corn  Vegetarian: Frittata Fresh Fruit	14	Ginger Beef Rice and Vegetable Medley  Vegetarian: Grilled Tofu and Soba Noodles From the bakery
17		18		19		20		21	
24		25		26		27		28	